



Bring The Kids

The Ultimate Checklist for Packing Light With Kids

Clothing

- 3 tops (short or long sleeve depending on climate)
- 3 bottoms (pants, shorts or a combination – convertible pants are fantastic for this) NO JEANS
- 4 pairs of underwear
- Packable wind/rain jacket
- 1 warm top for layering (synthetic or wool)
- 1 pair of baselayer bottoms
- Swimsuit
- 3 pairs of socks preferably lightweight wool
- 2 pairs of shoes – one light sandal and one heavy duty sneaker or hiking shoe
- Hat
- 2 pairs pajamas

Personal

- Coloring supplies (small pad of paper and crayons)
- Small bag of toys (no larger than 1 quart)
- Paperback books 3-5 small ones
- Kid camera
- Water bottle
- Backpack (child sized so that they can carry all of their own things EVERY DAY)
- Snacks for the plane ride

Hygiene

- Powdered laundry detergent (premeasured and separated into one load Ziploc bags)
- Basic toiletries (toothbrush, toothpaste, soap, shampoo, brush, hair elastics, hand sanitizer, sunscreen)
- Basic first aid kit in a sandwich size ziploc (bandaids, children's pain reliever, antibiotic ointment, hydrocortisone cream, and anti-diarrhea medicine)